

Monitoring, Counseling & Extra-curricular activities for students

Objective:-

To develop a support system beyond class-room to through Physical, Mental and Spiritual development of students to face the challenge of life and to make positive choice to fulfill their personal dreams.

Introduction:-

The modern world is a highly challenging one. Students are faced with Challenges in every phase and aspects of their life. They have to cope with a rapidly changing scenario in their academic environment while in college, as well as grapple with an ever competitive world and a complex society, when out of it. Moreover, as adolescence, they have to deal with physical and psychological changes within themselves. Therefore, it is utmost necessity to guide and counsel students during these vulnerable times of their lives.

The monitoring and counseling program is aimed at providing this support and guidance to the students to equip and empower them to face the challenges they are met with. The mentor strives to forge one to one relationship with the mentees to support, guide and motivate them to identify their personal goals and work towards them.

The Extra-Curricular activity programme is introduced to provide a platform to showcase their talent and also aims to train the students to play leadership roles in society and participate constructively in social issues.

Road Map:-

*Planning & Execution.

*Mentoring & Counseling is done in college as a general practice.

*The following norms of monitoring & counseling in the college are given bellow –

(A) General Patterns of the counseling of the teachers

(i)Observe the students in the classrooms.

(ii)Monitor the attendances of the students and if found absent continuously for a week, try to find a cause of the absence from the available sources.

(iii) Communication with the students/parents.

(iv) Try to sort out the problem if any.

(v) Call the parents in case of urgency.

(B) Counseling for slow learners.

(i) If the department find a student to be a slow learners, special care is taken.

(ii) Tutorial classes are taken as provided in the class routine.

(iii) Books are provided to aid the students through the departmental library.

(C) Mentoring through psychological counseling.

To cater to a large number of students coming from economically challenged background the following steps are taken—

(i) Personal counseling.

(ii) If needed, parents are involved.

(iii) Students union also take care of admission, has a student development fund for financing the economically backward students, of the college, administrative problems and guide students academically.

The College IQAC & Extension Cell designed the program as with – a Committee with following members.

- 1) Chairperson (Personal)
- 2) Co-ordinator, Extension Education Cell
- 3) Co-ordinator, IQAC
- 4) Mentors as Member
- 5) General members

A programme on organized Psychological Counseling was held with Dr. Jayanta Kumar Das as Resource Person.

